

FOOTPRINTS OF CHANGE

Quarterly Newsletter: July–September Edition, 2025

Inspire a child to learn today, and
empower generations tomorrow.



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FROM THE FOUNDER'S DESK

Antahin Abha began with a simple belief: every child, no matter where they come from, deserves joyful, meaningful learning. Over the past three years, the curious minds and bright eyes of the children we have met continue to inspire us every day. Our work with teachers has also shown us how powerful classrooms can become when they are supported with the right tools and teaching-learning materials.

Thanks to our team's passion and perseverance, two successful years of Project-Based Learning have now grown into a deeper commitment to Early Childhood Education. Each new classroom we step into reaffirms our purpose: real change begins when someone believes.

As we share our first quarterly newsletter, I warmly invite you to walk this path with us—by volunteering, sharing ideas, or simply spreading the word. Together, we can nurture confident learners today and empowered leaders tomorrow.



Samidip Sarkar
Co-Founder, Antahin Abha
Foundation

WHO WE ARE

Founded in 2022, Antahin Abha Foundation is a not-for-profit initiative dedicated to expanding learning opportunities across underserved communities. Guided by our core values—equity, curiosity, and community-driven change—we design programs to strengthen learning ecosystems from early childhood to young adulthood.

Our work spans primary and pre-primary learners, adolescents, and teachers, with a focus in the Patharpratima block. Through our portfolio of programs—NRich, NRich-ECCE, and MPower—we have supported over 3,000 individuals.

OUR PROGRAMS

NRich

This program is designed to help primary school children learn more effectively through activity-based and digital approaches. The idea is to take education beyond textbooks and make classrooms joyful, creative, and interactive spaces.

Since the early years set the stage for lifelong learning, we have expanded the NRich program to include **Early Childhood Care and Education (ECCE)**, which aims to trigger curiosity, creativity, and social-emotional growth in pre-primary children through play-based, experiential learning.

MPower

This is our youth development initiative aimed at equipping high-school and college students with essential digital training, soft skills, and career guidance to navigate the job market. Through interactive sessions and simulations, the program helps students explore diverse career paths, build self-esteem, and become future-ready.



OUR TEAM

At Antahin Abha, collaboration is at the heart of everything we do. Each team member brings unique skills, yet all of us work fluidly across different functional workstreams. Whether it's shaping learning materials, leading workshops, building digital tools, or coordinating on-ground activities, every team member contributes to a shared purpose.

What binds us together is a commitment to empathy, innovation, and community-first thinking. Together, we work to create learning spaces that spark curiosity, nurture confidence, and open doors for the children.

QUARTER IN REVIEW

Here's a snapshot of July-September 2025 – a quarter packed with purpose, progress and meaningful partnerships.

NRICH

Endline Assessments at Partner Schools

From September 10-12, we conducted endline assessments in our partner schools – 4 in Patharpratima, and 2 in Howrah – to gauge the progress of the students and the impact levels of our NRich sessions. The assessment was structured as a written test, followed by an activity-based evaluation. Together, they helped us in evaluating not only the proficiency levels of the students in English, but also their ability to apply theoretical concepts in relatable, real-life scenarios.



Empowering Teachers through Learning Tools

To take our “learning-beyond-textbooks” methodology to the teachers of the Patharpratima block, we conducted a demo workshop on September 11. Attendees included ICDS and Shishu Shiksha Kendra teachers, who shared their classroom challenges and participated enthusiastically in building TLMs under the guidance of our team members. The workshop focused on activity-based learning and its transformative effects on a child’s cognitive growth and development.



MPOWER

Placement Drive at Patharpratima ITI

This quarter saw 37 of our MPower program trainees receive job offers from Tata Motors, following a placement drive at the Patharpratima ITI in May. Quess Corps, on behalf of Tata Motors, conducted two rounds of screening, comprising a written test and an interview. Impressed by the 80% success rate of MPower trainees, the ITI authorities have proposed expanding the program to second-year students, focusing on presentation skills, teamwork, and leadership training.



Convocation Ceremony, Patharpratima ITI

On September 17, Patharpratima Government ITI held its annual convocation ceremony. The team of Antahin Abha was a special invitee to the event as an acknowledgement of the success of our MPower program in official partnership with ITI. The ITI administration thanked Abha for training its students in the skills required to make a mark in the professional world. It was a proud moment to see many of our MPower trainees being honoured at the event.



IMPACT STORY



Growing our local community: Demo Workshop in Patharpratima

September 11 | Milanmore, Patharpratima

Our first hands-on workshop with local teachers of the Patharpratima block was an opportunity to listen, learn, understand, share – and build a community that believes in the impact of joyful learning. The workshop was held in two batches – the morning batch comprising 18 Shishu Shiksha Kendra (SSK) teachers, and the afternoon batch comprising 31 Integrated Child Development Services (ICDS) teachers.

To demonstrate how activity-based learning can improve a child’s cognitive growth and development in their early years, we showcased physical and audio-visual Teacher-Ms created by the team, covering:

Numbers and counting: With dice and matchboxes

Shapes: With coloured flashcards

Opposites: Through actions and rhymes

Vocabulary: Through word hunt game

Storytelling: With images

The teachers also participated in a group activity to create customized TLMs for their classes. At the close of the workshop, each attendee was presented with a TLM kit, comprising selected TLMs along with a step-by-step manual to use them. We are excited for the next series of workshops planned for the upcoming quarters and look forward to expanding our community of local changemakers.

Attendee-speak



Mridula Gharami

Teacher, Piprakhali Shishu Shiksha Kendra

“It was a wonderful experience attending this workshop. I learned many new things. The concept of joyful learning in pre-primary education, demonstrated here through teacher-learning materials, will help children learn through play. Unlike traditional blackboard methods, teaching through games and activities allows children to understand, enjoy and retain their lessons – resulting in greater curiosity and enthusiasm.”

VOICES FROM THE COMMUNITY



Sufia Salim

Principal, Tikiapara Free Urdu Medium Junior High School

“Abha's way of thinking, especially on digital and activity-based learning, can help students visualize lessons and remember the information clearly. This will also make them more interested in class which, I am quite sure, will have a positive effect on our student attendance numbers.”

Rimi Halder

Student and trainee in the MPower Program

“Before joining this program, I had very little knowledge of computers, but the training has been a great help. The sessions have greatly improved my confidence, communication skills, and spoken English. The instructors' guidance and the well-structured classes have made learning an enjoyable and enriching experience.”



Deepali Halder

Parent of a child in the NRich Program

“From the past two years, my daughter has been learning foundational English and Computer through the NRich program. I can confidently say now that not only her English has improved but she can also use Word, Paint, Powerpoint, and can code with a lot of ease. I am very happy with her progress and would like to sincerely thank Antahin Abha for all the support and guidance that she has received.”



Tuya Gharami

NRich trainer and content creator, former MPower trainee

“Having grown up in South 24 Parganas, I understand the challenges of the area. When we started working here, many children couldn't even write their names in English. Within just seven months, they are able to confidently introduce themselves in English. Learning through games has also helped them get more out of the class. Being part of the community helps me create teaching-learning materials that cater to the needs of teachers here and make their classes joyful for students.”





GET INVOLVED!

You can make a difference—through your time, ideas, and support.

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Newsletter Team: Content and design: Disha Subramaniam | **Inputs:** Pintu Baidya, Narendra Middya |

Production: Alexander Das | **Editor:** Sreyashi Dastidar