FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



Annual Return

(other than OPCs and Small Companies)

I. REGISTRATION AND OTHER DETAILS

* Corporate Identification Number (CIN) of the company		U85300WB2022NPL252855		
Global Location Number (GLN) of	the company			
* Permanent Account Number (PAN	l) of the company	AAWCA79	909F	
ii) (a) Name of the company		ANTAHIN	ABHA FOUNDATION	
(b) Registered office address				
C/O-KRISHNA SARKAR 111 GANGAPURI, PURBA PUTIARY KOLKATA Kolkata West Bengal				
(c) *e-mail ID of the company		abhafoun	dation22@gmail.com	
(d) *Telephone number with STD co	ode	+9191906	52486092	
(e) Website		https://an	itahinabha.org/	
iii) Date of Incorporation		07/04/202	22	
iv) Type of the Company	Category of the Company	, second se	Sub-category of the (Company
Private Company Company limited by sha		shares Indian Non-G		

No

(vii) *Financial year From date	07/04/2022	(DD/MM/YYYY) To date	31/03/2023	(DD/MM/YYYY)
(viii) *Whether Annual general	meeting (AGM) held	• Yes	No	
(a) If yes, date of AGM (b) Due date of AGM	22/08/2023			
(c) Whether any extension II. PRINCIPAL BUSINES	-	──── Yes 「HE COMPANY	No	

*Number of business activities 1

	Main Activity group code		Business Activity Code		% of turnover of the company
1	Q	Hospital and Medical Care	Q6	Other Hospital and Medical Care Activities	100

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

*No. of Companies for which information is to be given 0

Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1				

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Total number of equity shares 150,000 10,000 10,000 10,000 Total amount of equity shares (in 1,500,000 100,000 100,000 100,000 100,000	Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total amount of equity shares (in 1,500,000 100,000 100,000 100,000 100,000	otal number of equity shares	150,000	10,000	10,000	10,000
Rupees)		1,500,000	100,000	100,000	100,000

Number of classes

	Authoricod	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	150,000	10,000	10,000	10,000

Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	1,500,000	100,000	100,000	100,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes

Class of shares	Authorised capital	Capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

0

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Number of shares			Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	10,000	0	10000	100,000	100,000	
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0

viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	10,000	0	10000	100,000	100,000	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Redemption of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	0	0	0	0	0	

ISIN of the equity shares of the company

(ii) Details of stock split/consolidation during the year (for each class of shares)

Class o	Class of shares		(ii)	(iii)
Before split /	Number of shares			
Consolidation	Face value per share			
After split /	Number of shares			
Consolidation	Face value per share			

(iii) Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) *

\square	Nil [Details being provided in a CD/Digital Media]	\bigcirc	Yes	\bigcirc	No	\bigcirc	Not Applicable
	Separate sheet attached for details of transfers	\bigcirc	Yes	\bigcirc	No		

Note: In case list of transfer exceeds 10, option for submission as a separate sheet attachment or submission in a CD/Digital Media may be shown.

Date of the previous annual general meeting						
Date of registration of transfer (Date Month Year)						
Type of transfer 1 - Equity, 2- Preference Shares, 3 - Debentures, 4 - Stock						
Number of Shares/ D Units Transferred	Debentures/	Amount per Share/ Debenture/Unit (in Rs.)				
Ledger Folio of Trans	sferor					
Transferor's Name						
	Surname	middle name first name				
Ledger Folio of Transferee						

Transferee's Name			
	Surname	middle name	first name

Date of registration of transfer (Date Month Year)							
Type of transfe	fer 1 - Ec		Equity, 2	2- Preference Shares,3 -	Debentures, 4 - Stock		
Number of Shares/ D Units Transferred	f Shares/ Debentures/			Amount per Share/ Debenture/Unit (in Rs.)			
Ledger Folio of Transferor							
Transferor's Name							
	Surr	ame		middle name	first name		
Ledger Folio of Trans	Ledger Folio of Transferee						
Transferee's Name							
	Surr	ame		middle name	first name		

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year		Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

		-			
Type of	Number of	Nominal Value of	Total Nominal	Paid up Value of	Total Paid up Value
Securities	Securities	each Unit	Value	each Unit	
Total					
TULAI					
i					

0

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

2,152,650

(ii) Net worth of the Company

108,263.57

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	10,000	100	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	

6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	10,000	100	0	0

2

Total number of shareholders (promoters)

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ity	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	0	0	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	0	0	0		
5.	Financial institutions	0	0	0		
6.	Foreign institutional investors	0	0	0		
7.	Mutual funds	0	0	0		
8.	Venture capital	0	0	0		
9.	Body corporate (not mentioned above)	0	0	0		
10.	Others	0	0	0		

	Total	0	0	0	0
Total numb	per of shareholders (other than prom	oters)			
Total numbe Other than J	er of shareholders (Promoters+Publi promoters)	c / 2			

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	2	2
Members (other than promoters)	0	0
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Category Number of dia beginning of		Number of directors at the end of the yearPercentage of shares he directors as at the end or			
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	2	0	2	1	100	0
B. Non-Promoter	0	0	0	0	0	0
(i) Non-Independent	0	0	0	0	0	0
(ii) Independent	0	0	0	0	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0
(v) Others	0	0	0	0	0	0
Total	2	0	2	1	100	0

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
SAMIDIP SARKAR	09540246	Director	4,900	
PAUSHALI SARKAR	09563882	Director	5,100	
KRISHNA SARKAR	09852490	Additional director	0	

(ii) Particulars of change in director(s) and Key managerial personnel during the year

Name		beginning / during	change in designation/	Nature of change (Appointment/ Change in designation/ Cessation)
KRISHNA SARKAR	09852490	Additional director	06/01/2023	Appointment

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	0			
Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attenc	lance
		attend meeting		% of total shareholding

B. BOARD MEETINGS

*Number of meetings held 4 Attendance Total Number of directors S. No. Date of meeting associated as on the date of meeting Number of directors % of attendance attended 1 2 2 100 22/04/2022 2 13/06/2022 2 2 100 2 2 3 07/10/2022 100 2 2 06/01/2023 100 4

C. COMMITTEE MEETINGS

0

S. No.	Type of meeting	Date of meeting		Attendance % of attendance
1				

D. *ATTENDANCE OF DIRECTORS

		Board Meetings			Committee Meetings			Whether attended AGM
S. No.	of the director	director was	which Number of Meetings which Number of	Meetings	% of attendance	held on		
		entitled to attend	attended		entitled to attend	attended	allendarice	22/08/2023
								(Y/N/NA)
1	SAMIDIP SAR	4	4	100	0	0	0	Yes
2	PAUSHALI SA	4	4	100	0	0	0	Yes
3	KRISHNA SAF	0	0	0	0	0	0	Yes

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

🖂 Nil

lumber c	of Managing Director,	Whole-time Director	s and/or Manager v	whose remuneratio	on details to be enter	red	
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						
lumber c	of CEO, CFO and Con	npany secretary who	ose remuneration d	etails to be entered	l l		
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						
umber c	of other directors whose	se remuneration deta	ails to be entered		11		
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						

XI. MATTERS RELATED TO CERTIFICATION OF COMPLIANCES AND DISCLOSURES

- * A. Whether the company has made compliances and disclosures in respect of applicable Yes O No provisions of the Companies Act, 2013 during the year
 - B. If No, give reasons/observations

XII. PEI	NALTY AND PUNISHMENT - DETAILS THEREOF

(A) DETAILS OF PENALTIES / PUNISHMENT IMPOSED ON COMPANY/DIRECTORS /OFFICERS NI

Name of the company/ directors/ officers		Date of Order		Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF OF	FENCES N	il	

Name of the	Name of the court/ concerned Authority	eaction under which	Amount of compounding (in Rupees)

XIII. Whether complete list of shareholders, debenture holders has been enclosed as an attachment

● Yes ○ No

XIV. COMPLIANCE OF SUB-SECTION (2) OF SECTION 92, IN CASE OF LISTED COMPANIES

In case of a listed company or a company having paid up share capital of Ten Crore rupees or more or turnover of Fifty Crore rupees or more, details of company secretary in whole time practice certifying the annual return in Form MGT-8.

Name	
Whether associate or fellow	○ Associate ○ Fellow
Certificate of practice number	

I/We certify that:

(a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.

(b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

(c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.

(d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred.

Declaration

I am Authorised by the Board of Directors of the company vide resolution no. .. $\overline{04}$

14/08/2023

dated

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

To be digitally signed b	У						
Director		SAMIDIP Digitally signed by SARIAR SARKAR SARKAR Date: 2023.09.09 JT:40.48+05'30					
DIN of the director		09540246					
To be digitally signed by		Nisha Digitally signed by Nisha Munka Date: 2023.09.11 23:59:49 +05'30'					
◯ Company Secretary							
Company secretary in	practice						
Membership number	49058	Certificate of practice numbe			18201		
Attachments						List of attachmer	its
1. List of share	holders, de	benture holders		Attach	List of Sha	areholders as on 31-	03-2023.pdf
2. Approval lett	er for exten	sion of AGM;		Attach			
3. Copy of MG	Г-8;			Attach			
4. Optional Attachement(s), if any				Attach			
						Remove attachr	nent
N	lodify	Check	k Form	Prescrutir	лу	Submit	

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company